

Military Teen Adventure Camps

Purpose

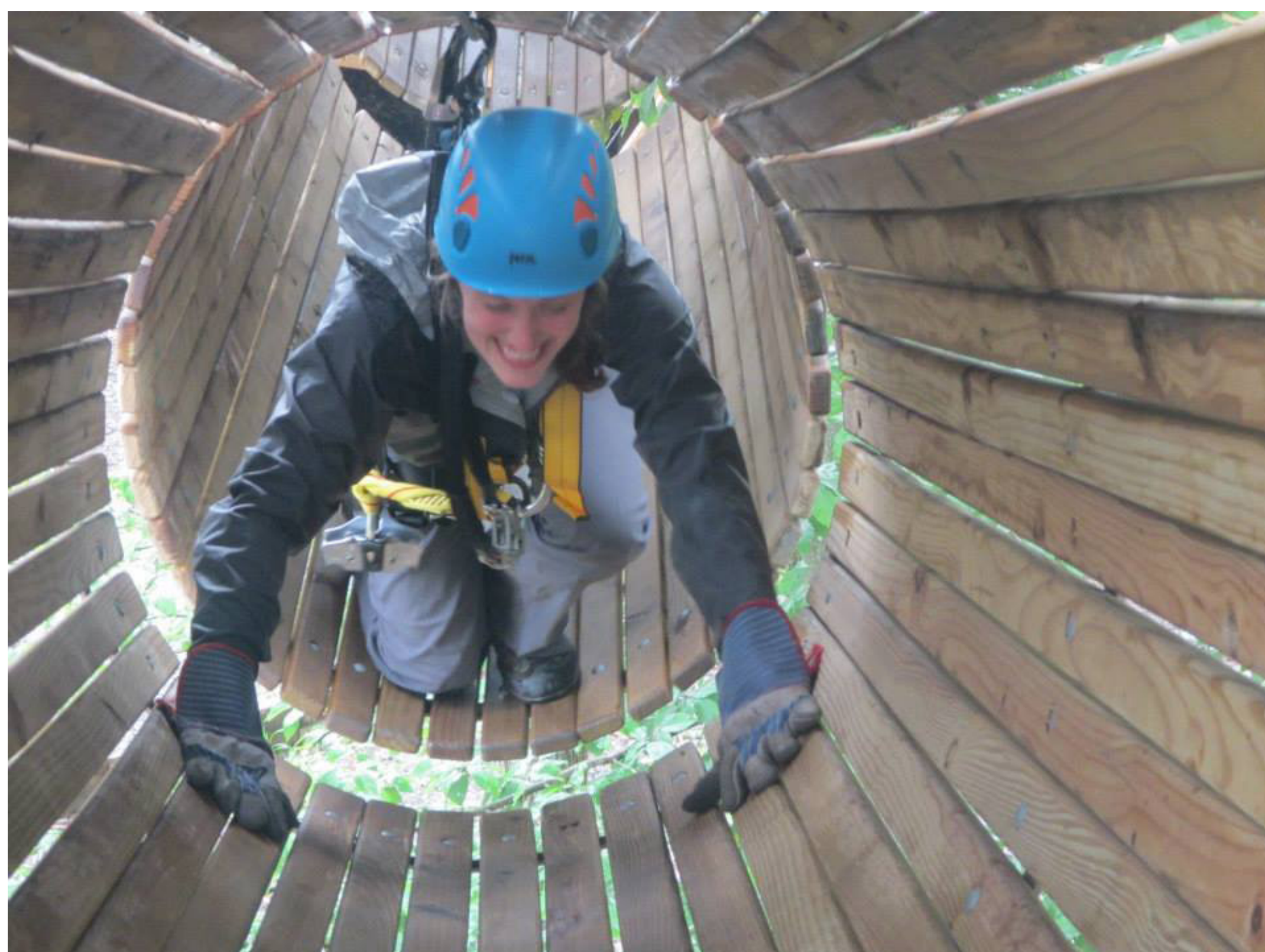
OSU Extension partners with the Ohio National Guard and Ohio University to conduct adventure camps for a specialized audience – military teens. They have unique challenges setting them apart from their peers. Bringing together those who share the experience of being in a military family allows teens to develop connections with others who can relate to their situation, building a common bond and social support. The combination of challenge, mastery, and success leads to participant growth.

Impact

Because campers tackle challenging activities, a residential camp experience combined with adventure programming provides a multitude of emotional, cognitive, and physical benefits.

The adventure camp experience fosters adaptation to change – something needed by all of today's young people, but especially military youth, who must adapt to separations during moves or deployments.

A partnership with OSU Extension, the Ohio National Guard, and Ohio University has made possible five years of successful camps, reaching 523 military teens from Ohio and 28 other states.



Ohio State Colleges/Units Involved

4-H Youth Development

Community Partners Involved

Ohio National Guard (Family Readiness and Warrior Support)
Ohio University (Department of Recreation and Sport Pedagogy)

Contact

Theresa M. Ferrari, Ph.D.
Associate Professor
Extension Specialist
4-H Youth Development
ferrari.8@osu.edu

Ohio State University Extension
Ohio 4-H Youth Development
go.osu.edu/OMK
go.osu.edu/ohiomilitaryteenadventurecamp



THE OHIO STATE
UNIVERSITY